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| **PLANNED PROGRAMME CONTENT – Synchronized Skating** |
| **Name of Competitor(s):** |
| **Category/Grade:** |
| **Competition:** |

**Short Programme Music**

**Free Skating Music**

**ELEMENTS IN ORDER OF SKATING**

|  |  |
| --- | --- |
|  | **Elements Short Program** |
| 1 |  |
| 2 |  |
| 3 |  |
| 4 |  |
| 5 |  |
| 6 |  |
| 7 |  |
| 8 |  |

|  |  |
| --- | --- |
|  | **Elements Free Skating** |
| 1 |  |
| 2 |  |
| 3 |  |
| 4 |  |
| 5 |  |
| 6 |  |
| 7 |  |
| 8 |  |
| 9 |  |
| 10 |  |
| 11 |  |
| 12 |  |
| 13 |  |
| 14 |  |
|  |  |
|  |  |

Signature and Date: